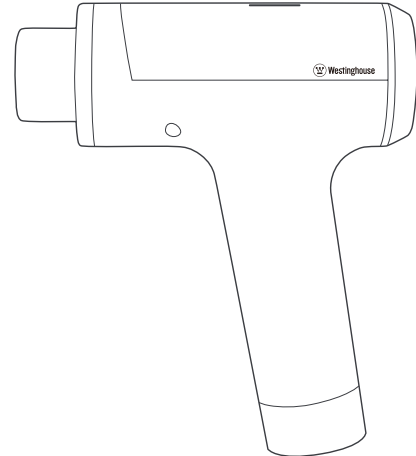


筋膜枪  
使用说明书  
(MA05)  
(130105)



## 警告

在使用本产品之前，如果您有以下问题请先获得医生的批准：怀孕，糖尿病，神经病变等并发症或视网膜损伤，神经病变，心脏起搏器损伤，最近做过手术，癫痫或偏头痛，椎间盘突出，脊椎前移，或脊椎病，最近关节手术，宫内节育器等或其他与您健康的其它问题，本产品不适用于13周岁以下人员。



请勿在头部或生殖器附近使用此设备，不要C4以上部位的使用此设备(大约喉咙中部)



使用本设备时，请勿将手指、头发或身体其他部位靠近按摩头的轴和背面，以免被夹住。



不要堵塞电机或电池的通风口。不要让灰尘或碎片堆积在排气口。请勿将物体插入电机或电池通风口



不要把设备弄湿，只能用微湿毛巾擦拭



此设备磁性很大，安装心脏起搏器的使用者必须先咨询医生



只能使用原厂电池并按照指示使用

## 安全

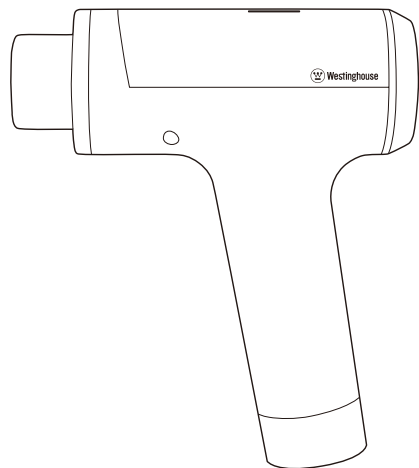
- 14周岁以上有身体残疾，智力问题或者其缺陷的人，必须在相关人员的监督下使用本设备，并且此相关人员本身必须知道如何使用本设备以及潜在风险；
- 请勿将设备当作玩具使用，当儿童附近时需特别注意设备的使用；
- 放在小孩难以拿到的地方；
- 请勿将设备浸入水中或其他液体中，或将水倒在设备上；
- 远离热源和避免阳光直射；
- 保持通风口远离灰尘和杂物；
- 除运动按摩外，请勿将本产品作其他用途；
- 请勿用湿手触摸充电器或设备；
- 拔充电器时必须紧抓头部，不能直接拔线；
- 不要在设备的任何部位使用润滑剂、清洁剂、上光剂或空气清新剂等；
- 当需要维修时，请联系我们的售后团队。不要私自拆卸设备，以免造成触电或者火灾；
- 如果设备出现故障，比如摔落、损坏、受到猛烈的打击或落水等，请停止使用并联系我们售后团队。

## 电池安全须知

- 请勿将电线与钥匙、硬币或其他金属材料等连接电池2极。以免造成电池短路，避免伤害；
- 避免电池过热和阳光直射。不要把电池放在加热设备上，如微波炉、火炉或散热器等，以免电池过热产生爆炸；
- 远离火源，根据当地法规处理用过的电池；
- 不正确使用电池可能导致火灾、爆炸或其他危险；
- 不要让孩子或宠物咬或吸电池，这样做可能会导致受伤或爆炸；
- 不要打碎或刺穿电池，不能挤压电池。这样做可能会导致短路或过热；
- 用不正确的型号或非原厂电池可能会引起爆炸

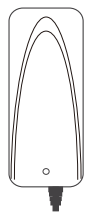


## 装箱清单

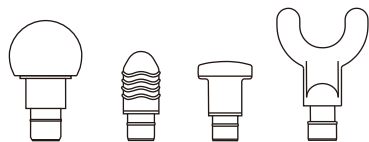


里面包含：

- 收纳袋
- 使用说明书

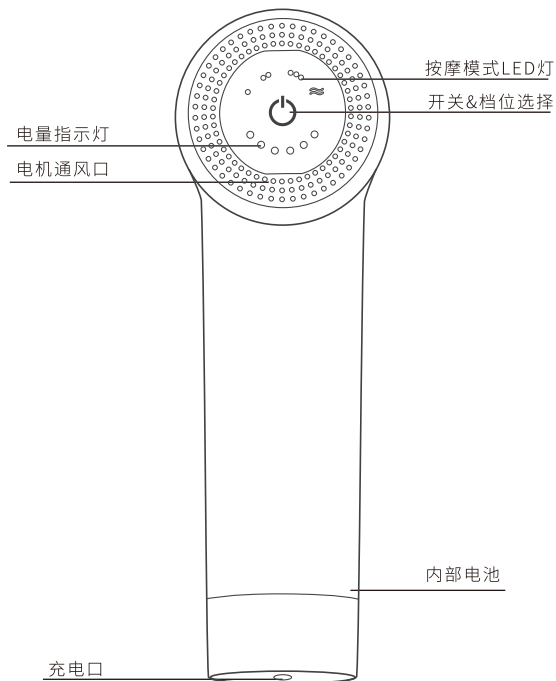


充电器



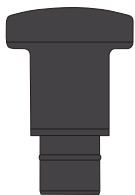
按摩头

## 说明



## 按摩头

该设备有4种按摩头可供更换，可以很容易实现快速更换。要更换按摩头，只需把按摩头从设备头部拉开，会听到噔的声音。



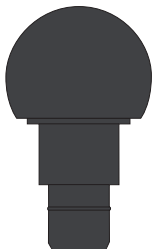
平扁头

此头用于全身治疗和大肌肉群



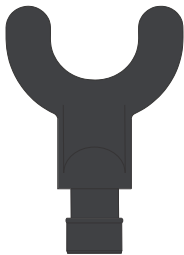
锥形头

此头用于深层肌肉的治疗和放松



球形头

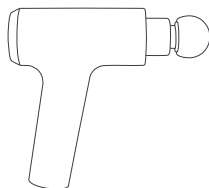
PU发泡球形头，用于骨骼周围和其他敏感区域



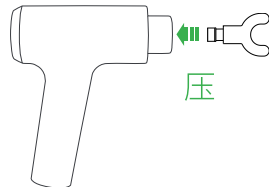
U形头

此头用于  
 腰椎及大肌肉群

## 开始

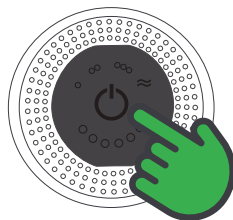


从箱子里取出设备，要把它拿开，只需抓住机器的底部，用力拉，直到你听到“砰”的一声。



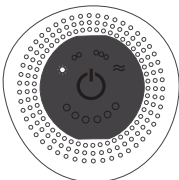
压

设备关闭时，将按摩头压入，没有按摩头时不准操作设备。



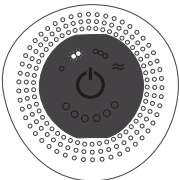
按控制面板中间的电源按钮打开机器，再按激活各种模式（参考下页），根据身体按摩部位来调整速度和压力，循环结束后电源关闭。

## 模式

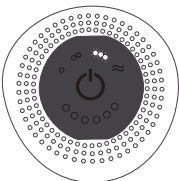


此机器操作简便

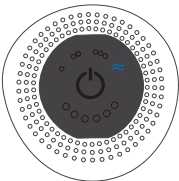
按主电源键一次，为第一档，为放松模式。



再按一次为第二档，为修复模式。



再按一次为第三档，为深层修复模式。



按第四下开始变频模式

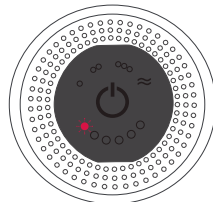
最后再按一次机器断电。机器无人使用状况下5分钟后就会自动进入睡眠模式，按电源键唤醒。

## 充电

### 低电量或者无电

当设备电池电量非常低或者没有电量时，控制面板的红色LED会显示，并且机器运转缓慢。

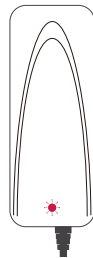
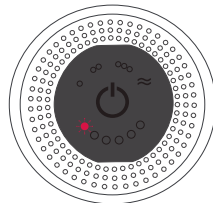
这个时候不建议再使用机器



### 设备充电

充电器一端插到外接电源插座上。

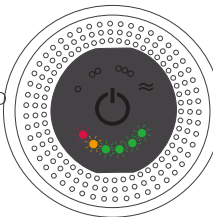
按一下电源开关开始充电，控制面板上红色LED灯亮代表充电器已连接开始充电，面板上的红，黄，绿代表充电量



### 充电完成

充电完成后，控制面板上的6个LED都常亮。

控制面板红色LED灯亮代表充电器已连接开始充电，面板上的红，黄，绿代表充电量



## 清洁

- 不要充电时清洁；
- 不要用水清洁；
- 不要用化学试剂清洁；
- 使用微湿毛巾清洁；
- 使用提供的清洁布料抹干。



## 保养

- 带海绵的按摩头三个月更换一次，或者当海绵按摩头开裂或者很脏是需要更换；
- 第一次使用时需充满电；
- 每月定时给设备充电以延长电池寿命；
- 设备可以在任何时间及任何电量的时候充电；
- 只能用提供的充电器进行充电；
- 电池不能存放在阳光照射或者温度超过40摄氏度的地方；
- 电池和充电器宜在室温状况下工作，不要在阳光直射或者在极冷的温度进行充电，适宜温度范围在0~40摄氏度；
- 严禁在无人看管的情况下运作和充电；
- 不建议耗尽电池再充电。

## 旅行/存储

- 携带备用(未安装的)锂离子电池旅行时，必须只放在随身行李中。在登机口检查随身行李时，所有备用锂电池必须从行李中取出检查后乘客才能携带登机；
- 长期储存前请将电池充满电。

## 保修卡

型号			
保修期	年 月 日至 年 月 日止		
购买人	姓名		电话
	地址		
销售单位	名称		电话
	地址		
售后服务说明	1.保修条款 a 自购买之日起，保修期为一年，保修期间免费保修（不可抗因素、人为造成除外）。 b 购物附带的赠品不在保修范围。 2.零配件 保修期外，配件按市价收取费用。 3.售后联系方式 服务电话：400-839-8877		

 Westinghouse

合格证

产品型号：\_\_\_\_\_

批次号：\_\_\_\_\_

生产日期：\_\_\_\_\_

西屋无界运动器材(上海)有限公司

合格

# Warnings



Before undertaking massage please first obtain approval from your doctor if any of the following apply: Pregnancy, diabetes with complications such as neuropathy or retinal damage, peripheral neuropathy, wearing of pacemakers, recent surgery, epilepsy or migraines, herniated disks, spondylolisthesis, spondylolysis, or spondylolysis, recent joint replacements or IUDs, metal pins or plates or any other concerns about your physical health. Not for use by persons 13-year-old and under.



**Do not use this device on your head or near your genitals.** Do not use the device above your C4 (approximately mid-throat level).



**Do not place your finger or any objects near the shaft or socket while the device is in use.** Do not get hair caught in the massage head socket or shaft or any other moving part on the device.



**Do not block the ventilation ports of the motor or battery.** Do not allow dust or debris to build up in vent ports. Do not insert objects in the motor or battery ventilation ports.



**Do not get the device wet other than by cleaning it with a lightly damp towel.**



**This device contains an extremely powerful magnet!** Users of pacemakers must consult their doctor before using this device.



**Do not use any batteries other than the ones provided by Flow Sports Technology.** Only use as directed by these instructions.

# Safety

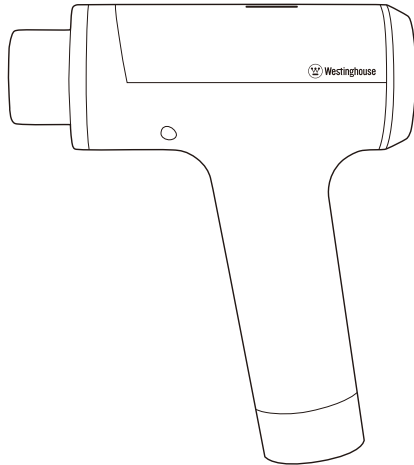
- Those aged 14 years and above or persons with reduced physical, sensory or reasoning capabilities should only use this device once they have received supervision or instruction by a responsible person who has demonstrated use of the device in a safe way and disclosed the hazards involved.
- Do not use device as a toy. Close attention is necessary when used near children.
- Keep the device out of reach of children.
- Never submerge the device in water or other liquids or pour water over the device.
- Keep away from heat sources and direct sunlight.
- Keep ventilation ports free from dirt, dust, and debris.
- Do not use the device for any other purpose than personal sports massage.
- Do not handle any part of the A/C wall charger or device with wet hands.
- Do not unplug the A/C wall charger by pulling on the cable. Grasp the plug to unplug, not the cable.
- Do not use any lubricants, cleaning agents, polishes or air fresheners on any part of the device.
- Contact the Flow support team when repair is required. Do not disassemble the device as incorrect reassembly may result in an electric shock or fire.
- If the device is malfunctioning, or has been dropped, damaged, left outdoors, received a sharp blow or dropped into water, do not use and contact the Flow support team.

# Battery Safety

- Do not connect battery poles with conductors such as keys, coins, jewellery, or other metal materials. Doing so may short-circuit the battery causing injuries.
- Keep the battery away from excessive heat and direct sunlight. Do not place battery on or in heating devices, such as microwave ovens, stoves, or radiators. Batteries may explode if overheated.
- Do not put battery in a fire as it may explode. Damaged batteries may also explode. Dispose of used batteries in accordance with local regulations.
- Improper battery use may lead to a fire, explosion, or other hazards.
- Do not allow children or pets to bite or suck the battery. Doing so may result in damage or explosion.
- Do not smash or pierce the battery, or expose it to high external pressure. Doing so may lead to a short circuit or overheating.
- Replacing the battery with an incorrect model or non-genuine copy may cause an explosion.



# In the Box

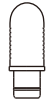
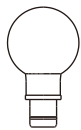


Also included:

- Soft carry bag
- Operating guide

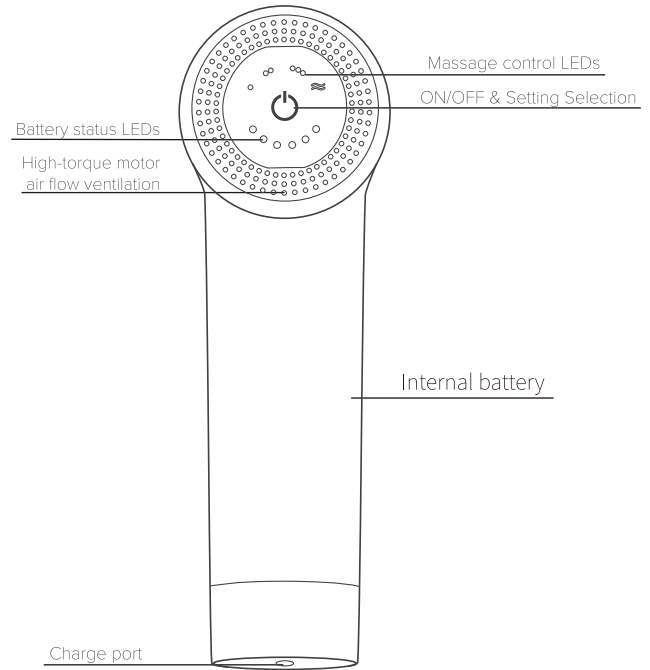


A/C Wall Charger



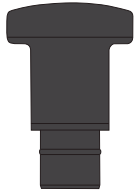
Heads

# Overview





# Heads



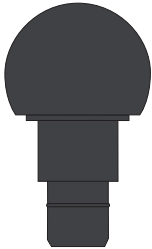
### Hammer

The jack of all trades head, this head is designed for overall body treatment and larger muscles groups.



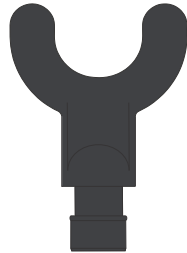
### Bullet

The small diameter of the bullet head makes it perfect for focused muscle treatment, to pinpoint trigger points and work them away.



### Medium

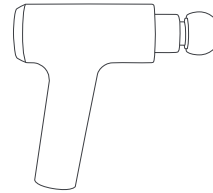
Made with closed-cell PU foam, this forgiving, non-porous & hygienic head is perfect for all over body use and more sensitive zones.



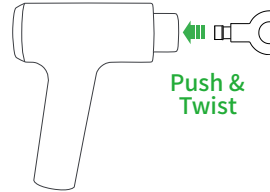
### Fork

Perfect for the spine, lower neck and Achilles' tendon along with major muscle groups like the calves and quadriceps. Care should be taken when using the fork head in tender areas.

# Quick Start

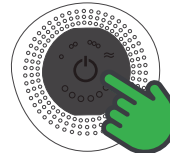


Remove the device carefully from the box. Device will already have the Medium head fitted. To remove it simply grip the base of the head and tug until you hear a 'pop'.



**Push & Twist**

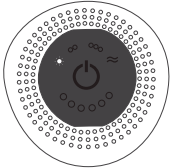
With the device off, fully insert the Head of your choice by pushing it into the socket. Do not operate the device without a head.



**Press**

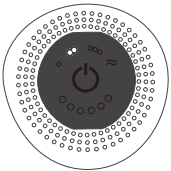
To turn the device on press the large power button in the centre of the control panel. Pressing again will activate the various modes (see opposite). Massage desired body part at the required speed and apply pressure as needed. Cycle through the modes to switch off when finished.

# Modes

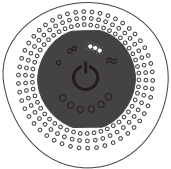


Your device is designed to be as easy to operate as possible.

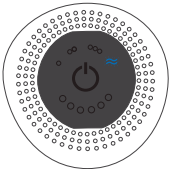
Press the large Power button once, and the device will start to operate in **Relax mode**, our first level.



Press again for level two, **Refresh mode**.



Press once more for maximum power at level 3, **Recharge mode**.



Press a fourth time to start **Conversion mode**.

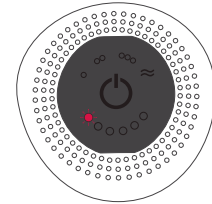
To switch off press one last time and your device will power down. There is no need to do anything else, as it will sleep after 5 minutes of non-use. To wake, simply press the Power button.

# Charging

## Low or No Charge

When your device has very low or zero charge left in its battery the control panel will display a **Red** LED and may operate sluggishly.

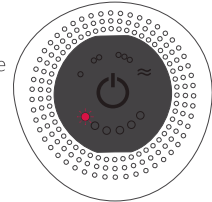
It is not recommended to run the battery down to this point.



## Charging your Device

Plug the A/C wall charger securely into a wall socket.

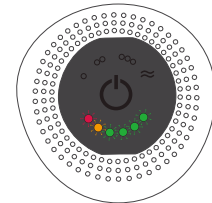
Press power button to charge device. The charger unit will display a **Red** LED indicating that the charger is connected and providing charge - the charge level LEDs on the control panel will cycle through - **Red, Amber & Green**.



## Charging Complete

When fully charged the device will show all 6 power indicator LEDs filled.

The device will not turn on while charging.



# Cleaning

- Do not clean device while charging.
- Do not use water to clean the device.
- Do not use abrasive cleaning chemicals or solvents.
- Do use a slightly damp towel to clean the device.
- Do use the supplied cloth to dry afterward.



# Maintenance

- High-density foam heads should be replaced every three months or if they show obvious signs of wear and tear or become dirty.
- Fully charge battery before first use.
- Recharge device monthly to extend battery life.
- Device can be recharged at any time and at any battery level.
- Only recharge using the supplied A/C Wall Charger.
- Do not keep/leave/store the device in direct sunlight or at temperatures above 40°C.
- The device and charger work best at normal room temperature. Do not charge in direct sunlight or cold temperatures. The temperature range for charging is 0°C to 40°C.
- Never leave your device operating or charging unattended.
- It is recommended not to fully deplete the battery.

# Travel/Storage

- It is TSA approved as a carry-on item. It must only be stored in carry-on baggage. If a carry-on bag is checked at the gate, all spare lithium batteries must be removed from the bag and kept with the passenger in the aircraft cabin.
- Fully charge the battery prior to long-term storage.

# Warranty

## TERMS AND CONDITIONS OF THE 12 MONTH LIMITED WARRANTY

### WHAT IS COVERED

- The repair or replacement if it is found to be defective due to faulty materials, workmanship or function within 12 months of purchase or delivery.
- Where this device is sold outside of the EU, this warranty will only be valid if the device is used in the country in which it was sold.
- Where this device is sold outside of the EU, this warranty will only be valid if the device is used in the country in which it was sold.

### WHAT IS NOT COVERED

Not guarantee the repair or replacement of a product where a defect is a result of:

- Accidental damage or faults caused by negligent use or care, misuse, abuse, neglect, carelessness using the device in a way which is not in accordance with the Operating Manual.
- Damage caused by not carrying out the recommended device maintenance.
- Damage caused by the failure to adhere to device cleaning directions.
- Damage caused by the failure to adhere to travel and storage directions.
- Use of the device for anything other than as a handheld sports massager.
- Use of parts not assembled or installed in accordance with the instructions.
- Use of parts and accessories which are not genuine components.
- Normal wear and tear.

If you are in any doubt as to what is covered by your warranty, please contact the customer support team.

### PLEASE NOTE THIS WARRANTY REQUIRES THE DATED PROOF OF PURCHASE

If you are a reseller partner, please contact the appropriate wholesaler, dealer or retailer, from whom you directly purchased the product for warranty and return authorisation procedures.